

## SurMOUNTed EVEREST

## SHOWCASING INCLUSIVE EDUCATION AT LPF ACADEMY



### Visit by Bangladeshi and Sri Lankan Ministries of Education



It brought to all Sri Lankans a jubilant moment when, once again the Sri Lankan flag received its fulfillment to twirl in the numbing air of the Himalayas. The flag had reached the apex of one of the most back-breaking mountains, purely due to the sheer grit constructed within Mr. Johann Peiris.

Western Province Director for Primary Education Dushmantha C. Rajapaksha representing the Ministry Of Education visited La Petite Fleur Academy Dehiwala on the 21st of June, 2018 accompanied by 3 other officials.

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## ANANTA SUSTAINABLES



Ananta Sustainable was founded by its current CEO, Ms Savera Weerasinghe, stemming from her passion for the environment. Ananta Sustainable have identified the fact that there are currently a number of companies that have the intention of going sustainable and decided to meet this demand given their favourable position and commitment towards sustainability of the environment.

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## .....SurMOUNTed EVEREST



When we had Mr. Johann walk down the corridors of our school for the 2nd time, he brought the word “bravery” written all over him. As he spoke to us about the experience he had journeyed through, we did receive frequent goosebumps and hairs standing at the back of our necks but, we eventually got used to it, as talking about bruises, cuts and blood oozing out, turned out to be one of the recurrent topics throughout the whole presentation. Undoubtedly, this is a physical and mind game. The rigorous training done before is only a fraction of what was to be taken on at Mount Everest however, this still takes ample commitment. What we all had learnt from that talk would be, “if there’s no pain, then, there’s no gain.” He proved to us that giving up is going to leave us with an unsatisfied life and that pursuing your dreams until it’s achieved is the key to a gratified soul.

This is a heads up to all the mountains out there, watch out for Mr. Johann because you are most definitely his next victim. He is ready to conquer you too!

**Sabeehah Thanzil Ramieze**



.....Ananta Sustainables



The company sources and manufactures customized paper packaging, paper straws and cups, bagasse takeaway containers, kolpath plates and cups as well as wooden cutlery with a goal to replace all single use plastics.

Ananta also handles the logistics of sustainability where in they help make customer's supply chains more sustainable in the most cost effective manner possible.

Ms Savera Weerasinghe visited our school on the 5th of June, to talk to us on Environmental Day. She talked to us about the dangers of single-use plastic and gave us suggestions on how to change over to more sustainable options. She kept the audience captivated and definitely succeeded in making an impact on the students. We were first introduced to her during one of the festivals organized by the British Council called “Women of the World”, she wowed Kisavi and Ms Sam during one of the speed mentoring sessions and they knew the whole school had to meet her! Ms Savera has an exceptional personality and is filled with passion for the environment; it was a pleasure to talk to her. She was fascinated by our school when she was taken on tour and didn't fail to endorse the Straw Wars project.

Please do have a more detailed look at Ananta Sustainables on

<https://anantasustainables.com/>

**Buthmee Fernando**



## .....SHOWCASING INCLUSIVE EDUCATION AT LPF ACADEMY - Visit by Bangladeshi and Sri Lankan Ministries of Education

This special visit was in view of accommodating the Bangladeshi Ministry of Education's request for an overview to their team, consisting of senior policy makers in education, on special needs and an inclusive educational institution in Sri Lanka. LPF was the only school that was showcased in this regard and the team of 13 delegates from Bangladesh along with the Sri Lankan officials were certainly impressed by the LPF philosophy and the environment in which it is practiced.

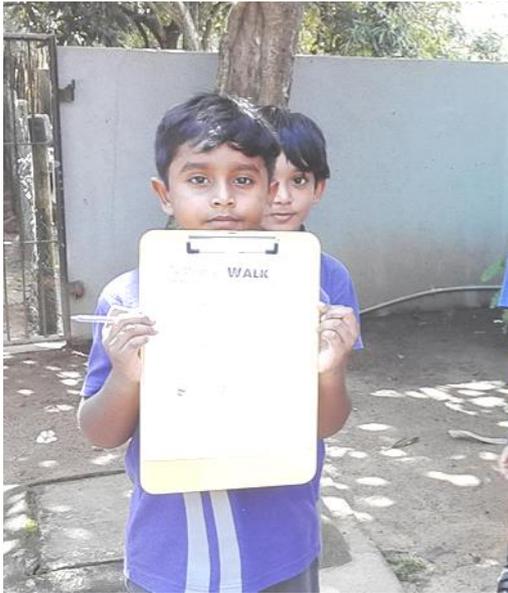
Directress of the LPF and Bridge to Peace Schools, Mrs Bernadine Anderson, was invited to make a presentation in the LPF perspectives and experience with inclusive education. She was supported by several parents of exceptional learners these children and their parents spoke their praises of LPF and it's practice of a genuinely inclusive education.

The Bangladeshi team are keen to send more delegates to

LPF Academy and also invited Mrs.Anderson and teachers to visit Bangladesh in view of establishing collaboration between our two countries. The Sri Lankan officials expressed interest in LPF teacher training programs and the possibility of workshops for teachers and other ministry officials in the near future.

The coordinator for the Bangladeshi team of delegates, Mr. Abu Khurram, when asked about his views of LPF said it was ' Fantastic ' & ' Outstanding ' . He also went on to say how happy he was with having been given the opportunity to interact with exceptional learners and some of their parents.





*Movie Day*

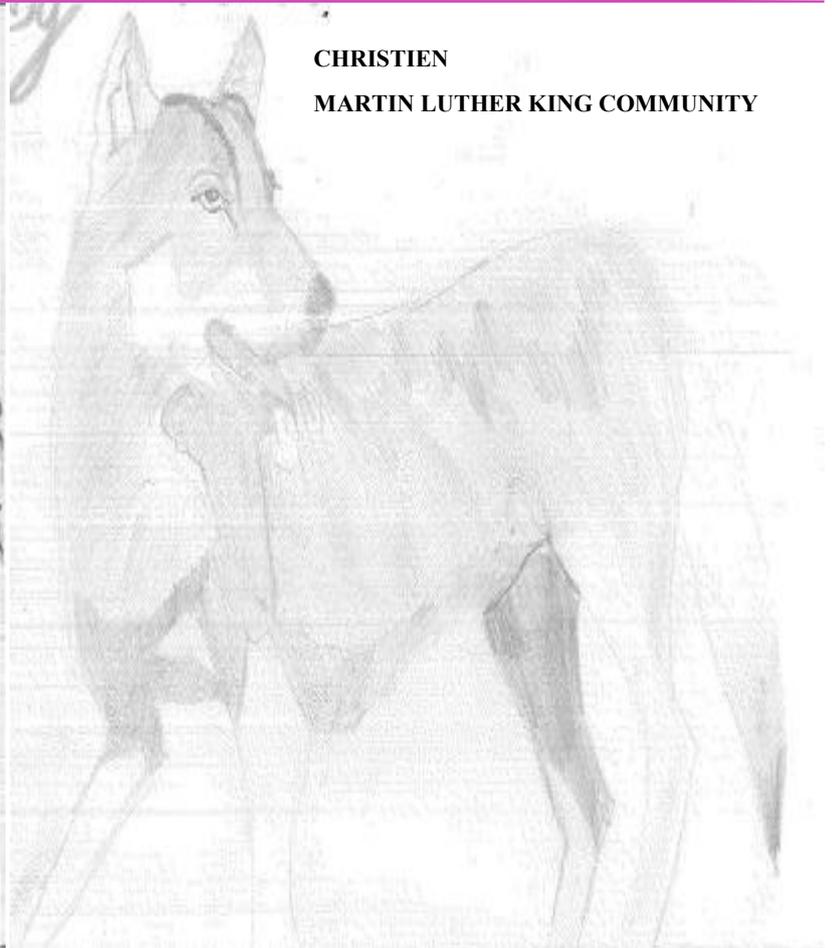


*Miscellaneous Pictures*



*Albert Einstein Community Cooking Moments !*





CHRISTIEN  
MARTIN LUTHER KING COMMUNITY

## BETTA FISH

Betta fish, aka Siamese fighting fish, are among the most popular home aquarium pets, second only to goldfish. With the wide variety of bet colours and shapes to choose from it's no wonder most aquarists are betta fans.

### 'Betta' is not the name of one fish species but more than 70

Scientifically speaking 'betta' is the name of a genus that encompasses dozens of different fish species. The most common of these, and the species most people almost always mean when they say 'betta', is betta splendens aka the Siamese fighting fish.

*Did you know that the male betta raises its babies? The male protects the eggs and builds the bubble nest where the eggs will grow!*

*Betta fish originated in Thailand and Cambodia, which is why they are also called Siamese fighting fish.*

*Bettas prefer slow-moving water and don't do well in river-like currents.*

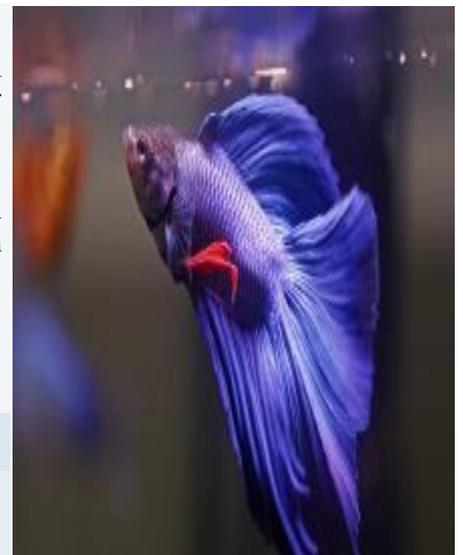
*The name "betta" is unrelated to the Greek letter "beta" and originates from the Thai/Malay phrase, "lkan betta," which loosely translates to "persistent fish."*

*Bettas were first discovered in Southeast Asia, living in rice paddy ponds, drainage ditches and flood plains. Bettas adapted to living in a very diverse area prone to frequent storms and devastating droughts.*

*Bettas have a labyrinth gill, allowing them to breathe oxygen directly from the surface of the water.*

*Bettas are carnivores.*

DINUGA, CHRISTIEN, AMAN AND DAUN  
MARTIN LUTHER KING COMMUNITY



### WHAT CAN YOU DO ? THINK ABOUT IT.

I always wondered why people would harm their own home. I think we should be more caring and give our home something in return that is not pollution of global warming. Every year countless animals die because of us and it is not fair for them. Some people live in the pollution. We need to pay mother Earth what she deserves. As the pollution increases the oxygen will decrease, which means everything will be extinct. If we don't do anything now there won't be a world to save anymore.

This all starts with you, what can you do today ? Think about it.

**Izaan**

**Katherine Johnson Community**



#### 1.The Time Machine

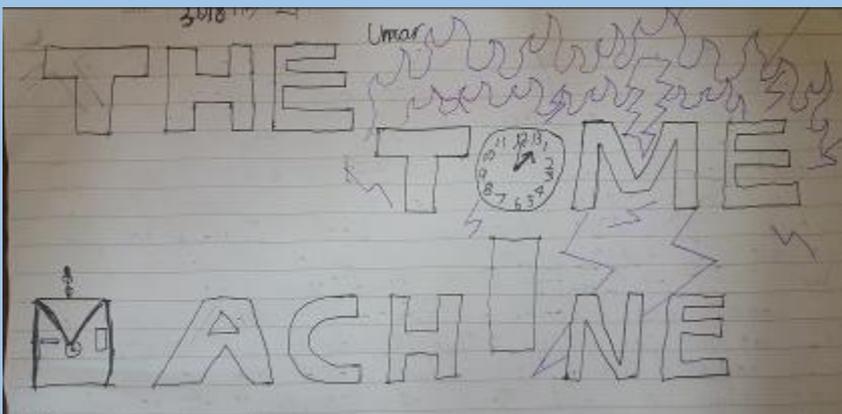
“ Come on guys lets load the last one,”I said.I, a quadrillionaire, was a scientist, inventor and mathamatician. I own a mansion and have plans to build a time machine.A machine that can literally control time, reverse time, fast forward, time travel, etc.So that is why I am at the factory collecting pieces.I drove from there in my limousine along with the lorrys carrying iron.It was a long route, 4 miles, so I got into top gear and went as fast as this great black limousine could.It made the journey quicker,much quicker, and I arrived home in one and a half hours.I got out and went to the work house – Click – and the titanium gate opened and the Iron was dumped out.

#### 2.Building It

Once all that was done it was time to build it.I used many tiols, nuts and bolts, iron, glass and a little chip containing the power of time.To make the chip you had to smash a clock and hold it above fire, with an ice cube on top.That passed a glow through the pieces and melted it into any form.To cut a long story short, I made it in 10 days.In addition I made a time gun.It was time to test it out.

#### 3.Time Travel

I clicked the keypad, typed YEAR 10018 and clicked GO.In a split second I was in a neon land, after sending the time machine back I wondered around the place.I went in a building and saw the CRAZIEST thing.It was a guy with my name and looking exactly like me.Actually he was me, from the future, he explained that, just like me,he came to the future and the future him gave him a pill to live forever.' Wait, so will you give me a pill ? ' I asked. ' Yes' he said, ' But Later. ' At that moment I heard a huge explosion and saw a bunch of robots appear.' I forgot to tell you that the earth is ruled by robots, and they must have malfunctioned he said.He gave me this really cool light sword and we got into action.I ran forward, slashing my light sword but the robot stretched an arm and threw me in the air.I sliced it's arm off and then it's full body, suddenly I remembered the time gun, and just as another was coming,I shot 'reverse time' at it.Slowly, the parts became younger, wheels were growing from the hoover and finally it turned into a wooden wagon.The futureme had defeated 2 others so we both powered up our time guns and defeated the leader. ' Here,take it' the future me said,giving me the pill.I took it, drank it , summoned my time machine and went back.



**Umar Husmi**

**Chief Seattle Community**

### THE SPEAKER

Louder and louder in the night  
But nobody in sight  
Sounds and sounds  
That's only the sound you hear

Bats taking over the world  
All the lights off  
A cottage was seen in the dark  
Creepy sounds high up

A dark shadow next to the door  
A gold coin on the floor  
The sounds get louder  
A weird sound was heard "tin, tin, tin"  
"Faster and faster," said the speaker  
A slight breeze floats in  
Trees in the dark sway  
Oh it was the group of girls  
Playing in the creepy night

**Onethra - Nelson Mandela Community**

### UNSOLVED MYSTERY

We came up to the mystery boat  
It is in a perfectly painted coat  
Food on a table that is not molded  
Nothing on the boat was stolen

Some blood on a deck  
I wonder if it came from a neck  
A half written paper  
Sitting near a stapler

It is in beautiful print  
I wonder if it was getting sent  
There was not one dent  
The mystery is unsolved

**Kambree - Nelson Mandela Community**

### SPACE

The stars hang from the sky  
Twinkling as bright as lights  
Flashing in the sky

The moon like a football with huge craters  
The moon as white as snow  
Shining in the sky, bright white.

The planets, some blazing hot  
And others freezing cold  
Circling around the sun  
Rolling like a ball

**Yafi - Nelson Mandela Community**

### THE MYSTERIOUS VILLAGE

On a normal day in a village  
The villagers were doing their normal work  
It was all great until the next day  
When the boy woke up in the morning  
To see and hear nothing  
Everyone was gone  
Not a single noise was heard  
This went on until one day  
The boy went missing

This village has been abandoned ever since

**Sharon - Nelson Mandela Community**



*SEND IN YOUR ARTICLES,  
STORIES OR EVEN DRAWINGS  
EARLY AND HAVE THEM  
FEATURED IN THE NEXT ISSUE!*

### BASKETBALL TOURNAMENT - LPF ACADEMY

The inaugural basketball tournament of the LPF Academy was held on the 28th of June, 2018; and it was Intense, to say the least!

About SIXTY children participated in the matches.

The Juniors (Grade 3 - 7) had house teams which were mixed (boys and girls).

The Seniors combined houses (Mervyn and Nugara Vs Anderson and Thapar) and made 2 girls teams and 2 boys teams.

Juniors played their hearts out, but Mervyn could not keep up with Thapar, and Nugara could not beat the Anderson team's offense. Thapar and Anderson teams clashed in the finals, displaying flashes of brilliance, stretches of excitement and unceasing energy throughout the whole match, as they exchanged basket after basket, and competed with intensity and purpose. But as the game came to its end, the Thapar team pulled away with a flurry of baskets, dashing the hopes of the Anderson team, who, according to reliable sources have already begun discussing their game plan for the rematch!

It was a wonderful sight to see the junior basketball players in their house colours, playing as teams and having fun.

The matches had to be briefly stopped as it rained for about 5 minutes, but the children were out wiping away the water vigorously, and they made sure it was playable!

The junior matches were followed by the girls match (Mergara vs Thundersons) which was full of adrenaline and suspense. Red and Green bodies moved up and down the court, dribbling, passing, cutting, screening, driving, rebounding and stealing the basketball. The Thundersons gained momentum earlier in the game and

dominated the first half of the game, keeping the Mergara team's offense silent. However, they showed signs of life during the 3rd quarters, and attempted a comeback to challenge the Thundersons. Yet, the Thundersons found ways to counter with their own offense, not letting Mergara will their way into winning. The Thundersons came out victorious in the end, displaying improved skills, despite a valiant effort by Mergara.

After many months of hard work and consistent practices, the girls displayed great improvement in their skills, confidence, team effort, will power, and discipline. Every Tuesday and Thursday, 3.00 to 5.30 pm, the senior players have basketball practices. Their coach, Sir Farman, has worked wonderfully with all players, allowing them to grow with the game.

The final match was Mergara Vs Thundersons boys match. The first quarter saw the Thundersons pulling away and gaining the lead. Their advantage of hitting the boards helped them with many second chance points and they feasted on many putbacks, posing many questions to Mergara defense.

They built on their lead up to half time. During the third, Mergara shifted gears and played more aggressively, and cut the lead to just 8 points, and it looked like the game would go down to the wire. But they could not sustain the effort, as Thundersons held fort with good defense, stifling the Mergara offense, forcing them to take tough shots. In the end, Thundersons stole the game away from Mergara, despite brilliant sequences of play.

**Kevin Asaph**



## SWIMMING CARNIVAL - LPF ACADEMY

Our annual swimming carnival was held on the 2nd and 3rd of July, 2018. Elementary 1 & 2, Mahatma Gandhi and Mother Theresa communities had their events on the 3rd while all the other communities had their events on the 2nd of July.

All the students and parents alike enjoyed the events and atmosphere in true LPF spirit !



# Caught On Camera !



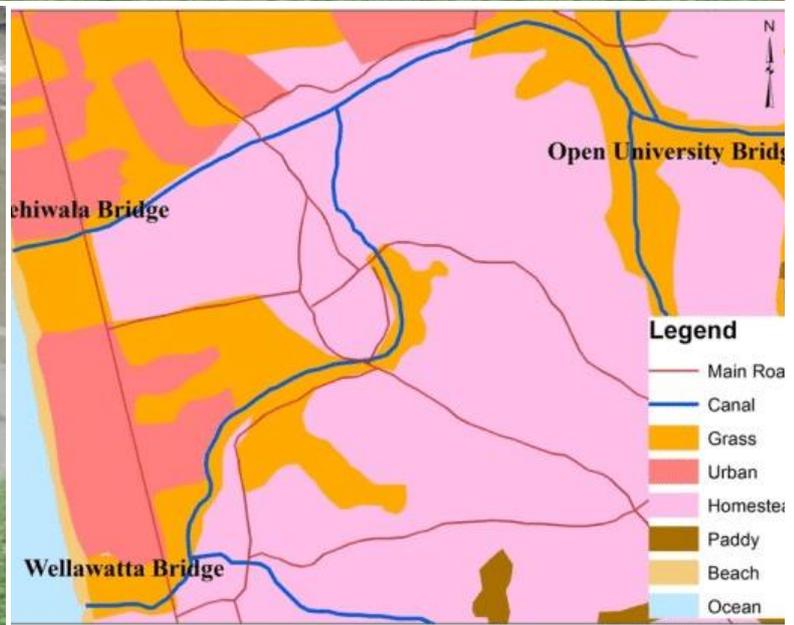
# Caught On Camera !



### The Dehiwala Canal

Colombo and its suburbs is crossed by a canal system which was initially introduced by the Dutch and was effectively used for the transportation of goods such as spices in the Eighteenth Century. The lack of a purpose built storm water / drainage system that can meet the needs of the current development in the city has resulted in these canals now being used for drainage and even though some developments have been made on the walls of the canal it has now become an eyesore in many parts and people can be seen using it as a garbage dump as well.

The Straw Wars team have undertaken another note worthy project wherein they have several plans in place to help get the Dehiwala canal, near the Damro showroom in Wellawatte, cleaned up. There is currently a large amount of garbage including plastics floating in this part of the canal and it is getting increasingly worse by the fact that more people are throwing their garbage onto this.



# LPF Philosophy Ratmalana

## Tea Party



## Ramadan Celebrations



## Environment Day



## Celebrating World Environment Day



## Third Years Food Project



## M1 Class At Work



# LPF Philosophy Galle

## M2 Class at Work



Making Fathers Day Cards



# Bridge To Peace ~ B2P Reporting

## B2P School Lunugamvehera

12th Year Anniversary



Ramadan Celebrations



Independence Day Celebrations



Sinhala New Year Games



Visit To Shangri -La Hotel Hambantota



A parrot is a bird. A parrot eats seeds and fruits. In school we have six parrots. Some are blue, and some are green.

Biyanka



Chickens  
Chickens are birds. All birds lay eggs. We have three chickens at school. We feed the chickens cream and water everyday. They lay eggs. They lay six eggs.

Nooh Bin niyaz Ibrahim



LET YOUR PETS BE A PART OF THE COMMUNITY BY SHARING PICTURES AND STORIES OF THEM !



PHOTOGRAPHIC AND VIDEO FOOTAGE FROM  
' A MUSICAL ODYSSEY '  
WILL BE AVAILABLE SOON !!

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